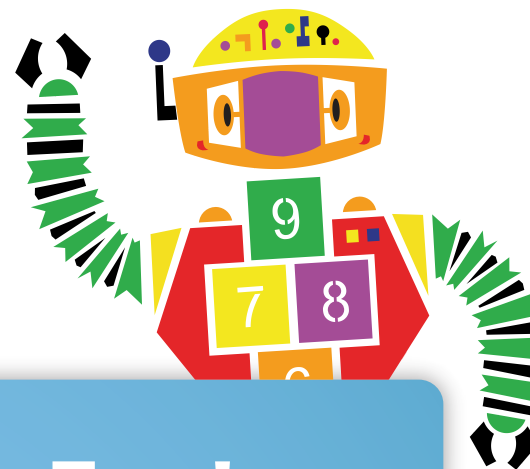


FIT AND FUN PLAYSCAPES



Colorful Active Learning Spaces, Recess Activities, and Motor Sensory Pathways

Fit and Fun Playscapes creates fun and engaging tools to foster physical, social, emotional, and academic development in students. We provide activities, exercises, and resources for parents and educators to help kids work toward a healthier, smarter and more active lifestyle, in school & beyond.



Let's Make Learning Fun!



SUPER STICKERS®



REUSABLE STENCILS



ROLL-OUT ACTIVITIES®

Indoor and outdoor recess games • Motor sensory pathways • Active learning areas
Social emotional tools • Brain break ideas • Rainy day recess activities
Pop up health and PTA events • PBIS (Positive Behavior Intervention and Supports)

Our products are safe, easy to implement, economical, and designed to engage students while helping them recenter and refocus at school.



Super Stickers® Bring active play anywhere with our indoor Super Stickers®! These durable, economical, and versatile decals are perfect for classrooms, hallways, sensory pathways, active learning spaces, calming corners, desktop tools, and after school programs.



Features: Commercial grade, 3M material, meeting the highest safety standards · Made with quality non-destructive residue free adhesive · High durability, low maintenance · Specially formulated non-slip, low glare protective coating · No waxing or stripping required



Reusable Stencils Transform your school's playground with our Reusable Stencils and paint kits! Our movement-based games and activities will provide fun and engaging sensory, fitness and socialization opportunities for children of all ages.



Features: High-quality, commercial-grade plastic · Durable, reusable, and easy to store · Pre-measured paint kits available



Roll-Out Activities® We took our most popular outdoor games and motor sensory pathways and made them portable, making active play possible anywhere. These heavy duty, easy to use portable mats are perfect for indoor recess, P.E. lessons, assessments, pop-up events, etc.



Features: Maximum safety and stability on floors · Thick reinforced vinyl that is easy to clean · Durable, portable, and simple to store



DOWNLOAD CATALOG



SHOP NOW

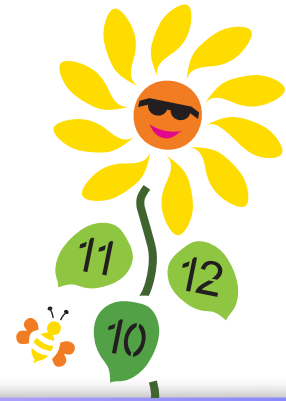


FIT AND FUN PLAYSCAPES



Provide Colorful Active Play Spaces and Enhance Children's Growth & Development

Fit and Fun Playscapes creates fun and engaging activities to foster physical, social-emotional and cognitive development in children. Our colorful activities provide the necessary movements to improve gross motor skills, motor planning, and overall health while stimulating the proprioceptive, vestibular and tactile senses.



Early Childhood Through School Age Activities



SUPER STICKERS®



REUSABLE STENCILS



ROLL-OUT ACTIVITIES®

Indoor and outdoor options • Wellness and physical activities • Motor sensory pathways
Structured and unstructured options • Light, moderate and vigorous activities
Authentic assessment tools • Aerobic, muscle and bone strengthening play opportunities

Our activities are safe, easy to clean and can be used indoors and outdoors. They are designed to engage children of all abilities, provide active learning opportunities and promote creative play.





Super Stickers® Bring active and creative play anywhere with our indoor Super Stickers®! These durable, economical, and versatile decals are perfect for day care centers, schools and early learning centers. Perfect for social emotional too!



Features: Commercial grade, 3M material, meeting the highest safety standards • Made with quality non-destructive residue free adhesive
High durability, low maintenance • Specially formulated non-slip, low glare protective coating • No waxing or stripping required



Reusable Stencils Transform your play areas with our Reusable Stencils and paint kits! Our movement-based games and activities will provide fun and engaging sensory, fitness and socialization opportunities for children of all ages.



Features: High-quality, commercial-grade plastic • Durable, reusable, and easy to store • Pre-measured paint kits are available



Roll-Out Activities® We took our most popular outdoor games and motor sensory pathways and made them portable, making active play possible anywhere. These heavy duty, easy to use portable mats are perfect for authentic assessments, creative active play and rainy day fun.



Features: Maximum safety and stability on floors • Thick, reinforced vinyl that is easy to clean • Durable, portable, and easy to store



DOWNLOAD CATALOG



SHOP NOW





Art, Music, and Movement that Helps Kids Reset

Cognitivities™ are the first executive function and self-regulation mats created using a research backed integration of art, music and movement. Each mat is designed to help children practice a felt sense of slowing down in a calming and fun way!



WHY IT WORKS

The combination of art, music and movement creates a relaxing experience and allows children to practice the felt sense of slowing down and thinking things through.

The music is based on traditional nursery rhymes at a slow tempo creating a relaxing experience. Each mat has its own song and full body movements that are specifically designed to provide a series of vestibular and proprioceptive input.

If you prefer to not integrate our music collection, no problem! Easily utilize the mats without music or pair with some of your favorite calming tunes. The only limitation is your imagination!

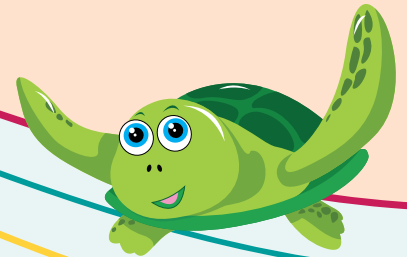


WHO CAN USE IT

- ✓ Teachers
- ✓ Physical Educators
- ✓ Occupational & Physical Therapists
- ✓ Social Workers & Counselors
- ✓ Parents & Care Givers

Cognitivities™ are:

- ✓ **Easy:** Simply clean the floor surface, unroll the mat, access the music or guide and begin.
- ✓ **Durable:** Each Roll-Out Activities® mat is made of a thick, commercial grade vinyl that can last for years.
- ✓ **Stable:** Safety is important, so we've designed the textured back to grip floors and provide maximum stability.
- ✓ **Maintainable:** The mat surfaces can be cleaned with mild soap and water, using a light, gentle, circular motion.
- ✓ **Storable:** Just roll them up and stack, or store them in the tube provided.



SCAN HERE
FOR MORE DETAILS



MEET DR. LYNNE KENNEY

Dr. Lynne Kenney is a Pediatric Psychologist on the language and executive functions team at Wellington-Alexander Center for the Treatment of Dyslexia in Scottsdale, Arizona.

Over the past 25 years, Dr. Lynne has worked with thousands of families, teachers, and clinicians from Los Angeles to the UK, Australia, China, and beyond to bring more cognitive skills to classrooms, homes, and clinics with creative cognitive coaching and cognitive-motor movement activities.

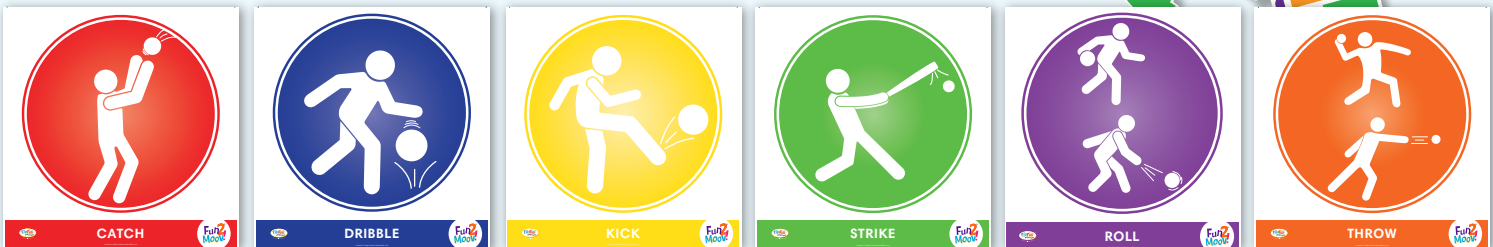
fitandfunplayscapes.com • info@fitandfunllc.com • (800) 681-0684

Fun2 Moov!

ACTIVITY STATIONS and ASSESSMENT using Fundamental Motor and Object Control Skills

ASSESS • PRACTICE • MOVE • PLAY • LEARN

EVIDENCE-BASED
VISUAL SUPPORTS
THAT ENGAGE
YOUNG LEARNERS



INCLUDES:

- TEACHING GUIDE
- PLANNING SUGGESTIONS
- ASSESSMENT CHECKLISTS

fitandfunplayscapes.com • info@fitandfunllc.com • (800) 681-0684

ACTIVITY STATIONS and ASSESSMENT using Fundamental Motor and Object Control Skills



PHYSICAL EDUCATION CLASS • BEFORE & AFTER SCHOOL PROGRAMS • FITNESS GAMES

TO KIDS, THEY ARE FUN. TO P.E. TEACHERS, THEY ARE AN EASY, BUT HIGHLY EFFECTIVE AUTHENTIC ASSESSMENT.

The Fun2MOOV!® system can be used anytime, anywhere, and as often as you'd like. Fun2MOOV!® assessments were developed and tested with the help of physical educators and their students. The assessments include an easy-to-follow teaching guide, skills checklists, and portable Roll-Out Activities®.



Roll-Out Activities® focus on an “authentic” assessment of fundamental motor skills, object control skills, or both.



The Fun2MOOV!® System Teaching Guide

A step-by-step guide will be emailed to you (PDF) so you can print off as many assessment sheets as you need.



Access to the Co-Developer

You'll have access to experts like Timothy D. Davis, Ph.D., CAPE, Director of the Sensory Integration/ Motor Sensory (SIMS) Movement Center at SUNY Cortland, and co-developer of Fun2Moov!®. Dr. Tim will be able to provide any support you need to implement the Fun2Moov!® system.

**LEARN MORE
AND ORDER
HERE**



fitandfunplayscapes.com • info@fitandfunllc.com • (800) 681-0684



SOCIAL EMOTIONAL LEARNING TOOLS

Face Your Feelings® Super Stickers®

Students, teachers and staff are struggling with a wide range of emotions. The first step in self-regulating these emotions is to identify how you, your staff or your students are feeling. Our Face Your Feelings® Super Stickers® are great for check-ins or check-outs, and can be adhered to the floors or walls. Two sizes and sets to choose from.



SELF-Talk Super Stickers® with dry-erase coating and word banks

Created as an interactive, emotive self-exploration, this desktop tool was developed for students to help them identify their emotions, explore why they feel a certain way, determine if they need help or can help others, and consider when they need or can provide help.

Sold in sets of 12!



SHOP ALL OF OUR SEL PRODUCTS

www.fitandfunplayscapes.com
info@fitandfunllc.com
 (800) 681-0684

HOW TO INCORPORATE SEL IN THE CLASSROOM

The Emotive SELF-Talk Super Stickers® is a tool that teaches students to reflect and identify emotions and causes. It builds vocabulary and provides a safe space for students to explore their feelings. Emotive Self-Talk is a formative self assessment tool. It allows children to check in with themselves. By introducing reflective practice in the early grades, the students internalize the process of self dialogue and make it a life long practice.



After the students complete the activity, the word banks are introduced as just suggestions. These are displayed in the classroom as scaffolding or starting points for dialogue.

Self-exploration and discussion should happen every day. Students should complete it individually and without discussion or teacher input. By using dry erase markers, a student may decide to erase what they wrote and not share at that time.

The goal is to create a positive classroom environment that provides a safe space and allow a student to privately find the help they need.