



ST 5004 SHAPES THAT SHAPE YOU UP

APPLICATION
INSTRUCTIONS

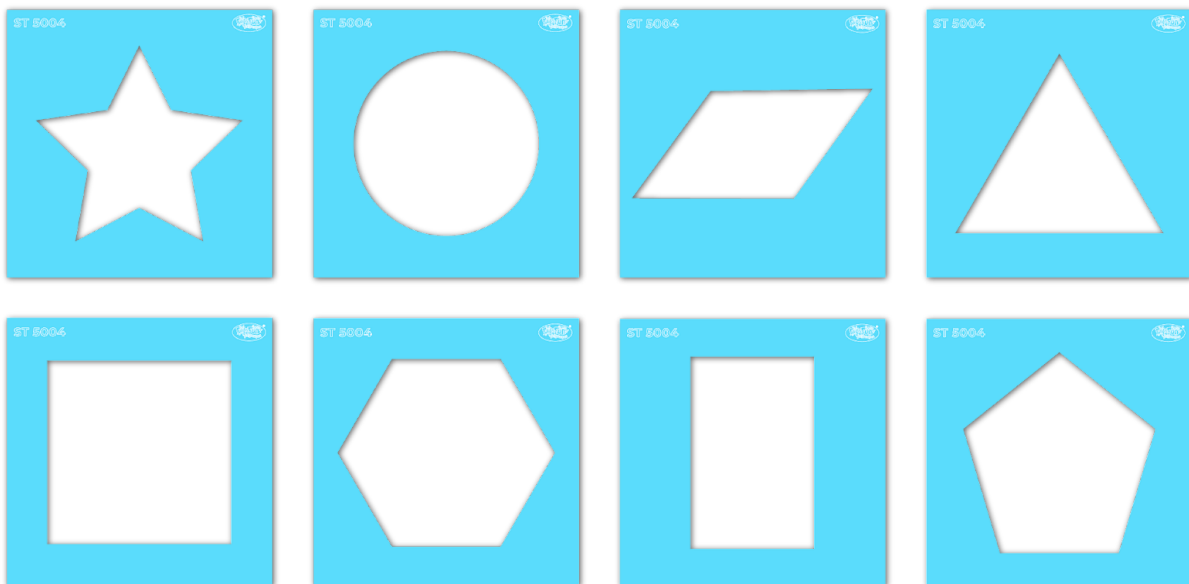
SIZE

Width varies from
11-21 inches

PAINTERS & TIME

1-2 painters for 1-2 hrs

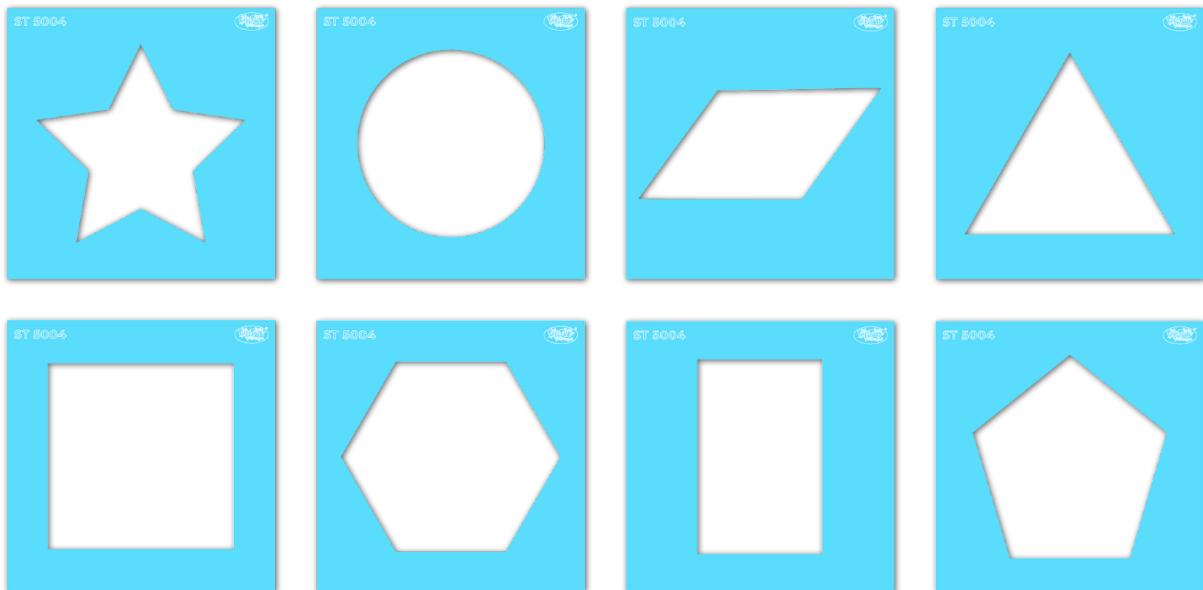
INCLUDED IN THE BOX: 1 Stencil Sheet (8 pieces)



BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.

Paint each **STENCIL** how you would like. You can repeat stencils to make your own pattern. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCILS**.

Allow the paint to dry for a minimum of 24 hours before use.



CONGRATULATIONS!!!

**YOU FINISHED PAINTING SHAPES THAT SHAPE YOU UP
YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!**

Your finished Shapes That Shape You Up should look similar to the image below.



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Have any questions? We're here to help – call us at (800) 681-0684!

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