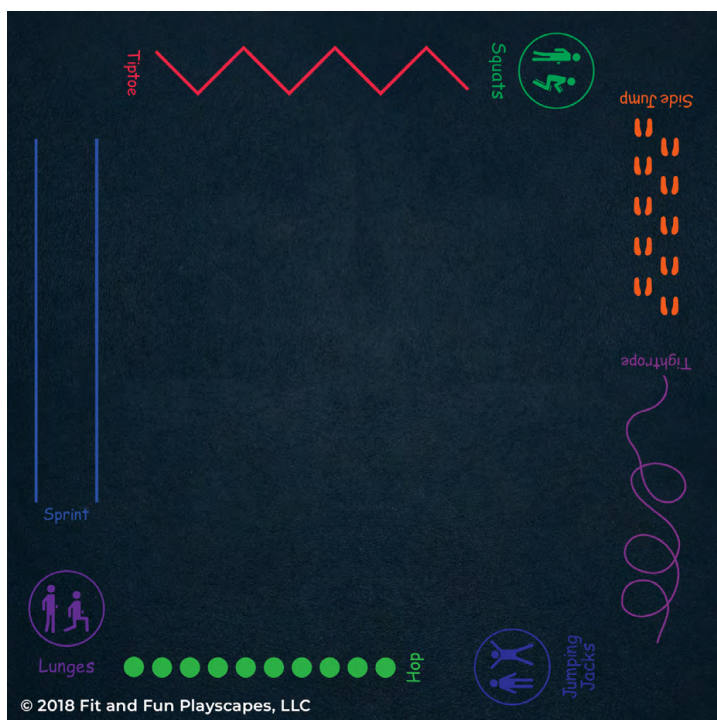




ST 5506 FITNESS ACTIVITY CIRCUIT™ STARTER PACKAGE

APPLICATION INSTRUCTIONS



STENCILS INCLUDED IN YOUR PACKAGE: 8 Stencils

ST 5076 Side Jump

ST 5075 Hop

ST 5078 Tightrope Loop

ST 5079 Sprint

ST 5077 Tiptoe

ST 5069 Squats

ST 5071 Jumping Jacks

ST 5070 Lunges



ST 5076

SIDE JUMP

APPLICATION INSTRUCTIONS

SIZE

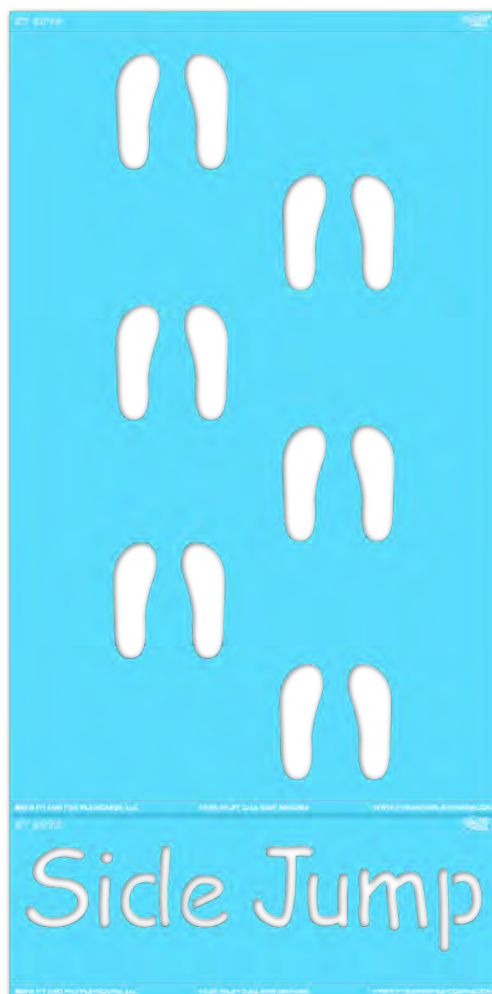
approx. 3 feet 6 inches wide, each footprint set is approx. 11 inches

PAINTERS & TIME

1-2 painters for less than 1 hr



INCLUDED IN THE BOX: 1 Stencil Sheet (2 pieces)



BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout your **STENCIL** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint your **STENCIL**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete.

Allow the paint to dry for a minimum of 24 hours before use.

CONGRATULATIONS!!!

YOU FINISHED PAINTING SIDE JUMP

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Side Jump should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

THIS INFORMATION IS COPYRIGHT MATERIAL. ALL RIGHTS ARE RESERVED. © 2022 FIT AND FUN PLAYSCAPES, LLC.



ST 5075

HOP

APPLICATION INSTRUCTIONS

SIZE

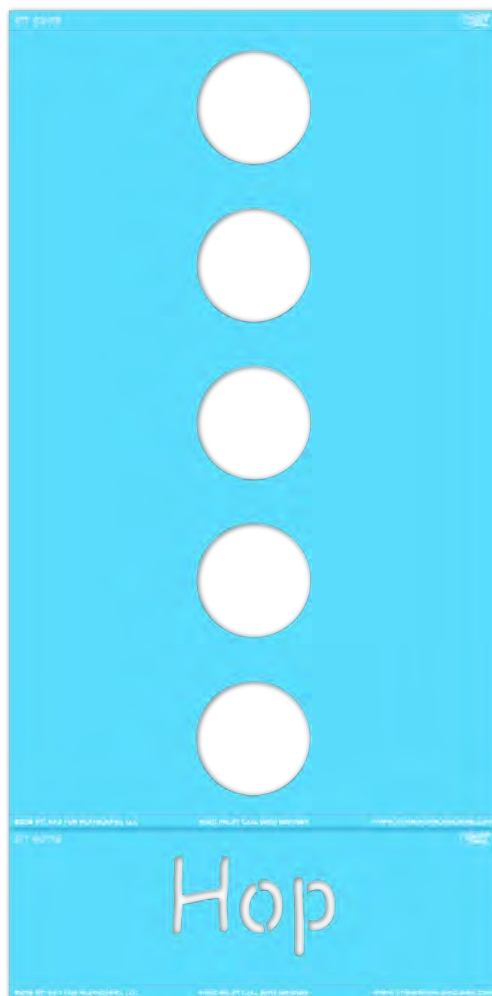
approx. 16 inches wide, circles are
approx. 11 inches wide

PAINTERS & TIME

1-2 painters for less than 1 hr



INCLUDED IN THE BOX: 1 Stencil Sheet (2 pieces)



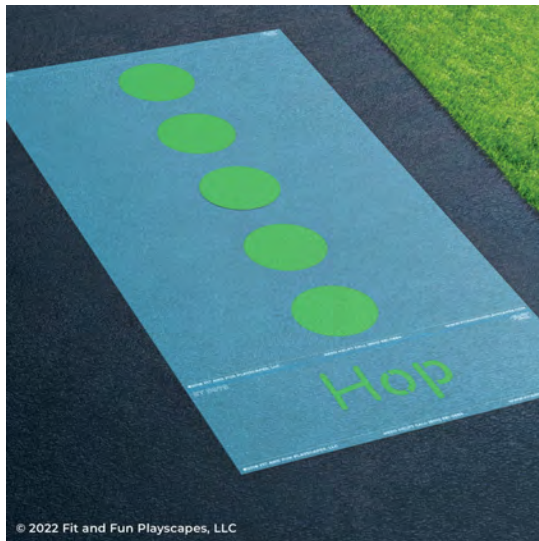
BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout your **STENCIL** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint your **STENCIL**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete.

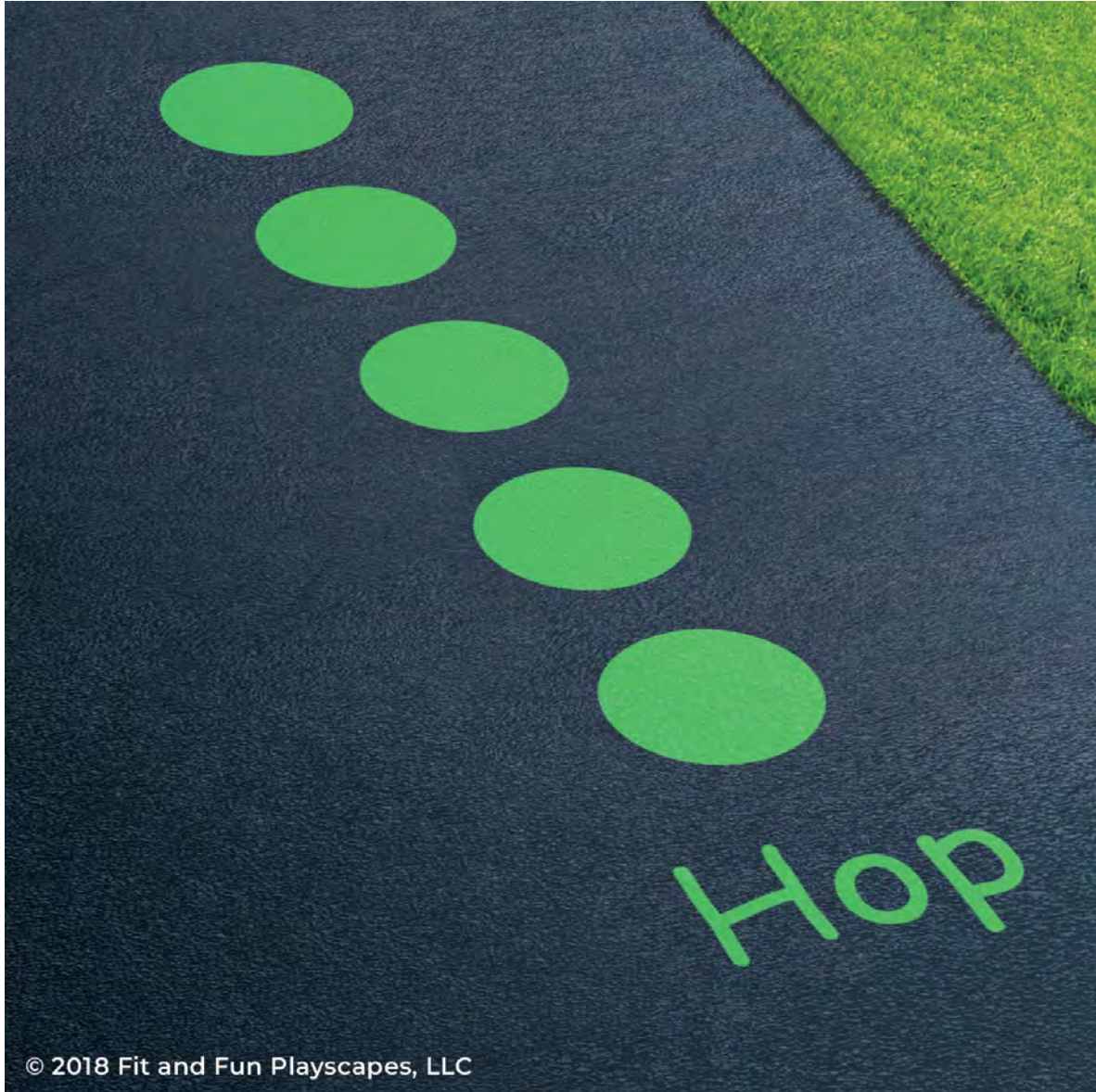
Allow the paint to dry for a minimum of 24 hours before use.

CONGRATULATIONS!!!

YOU FINISHED PAINTING HOP

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Hop should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

THIS INFORMATION IS COPYRIGHT MATERIAL. ALL RIGHTS ARE RESERVED. © 2022 FIT AND FUN PLAYSCAPES, LLC.



ST 5078

TIGHTROPE LOOP

APPLICATION INSTRUCTIONS

SIZE

approx. 3 feet 4 inches wide x
14 feet 4 inches long

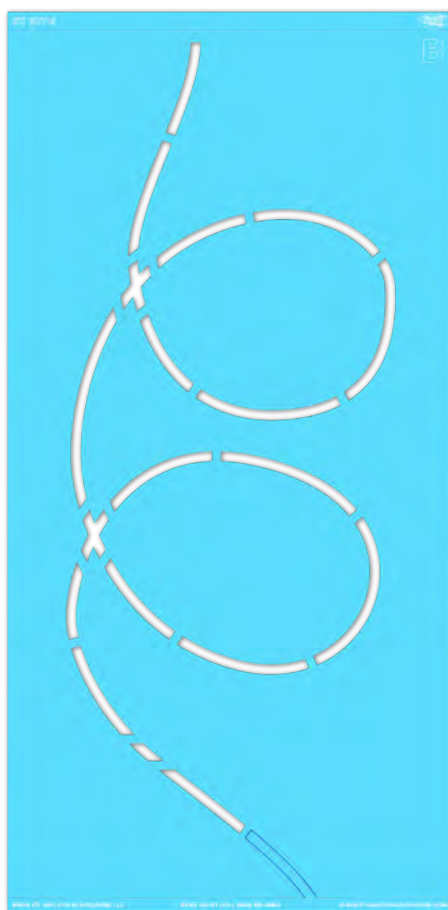
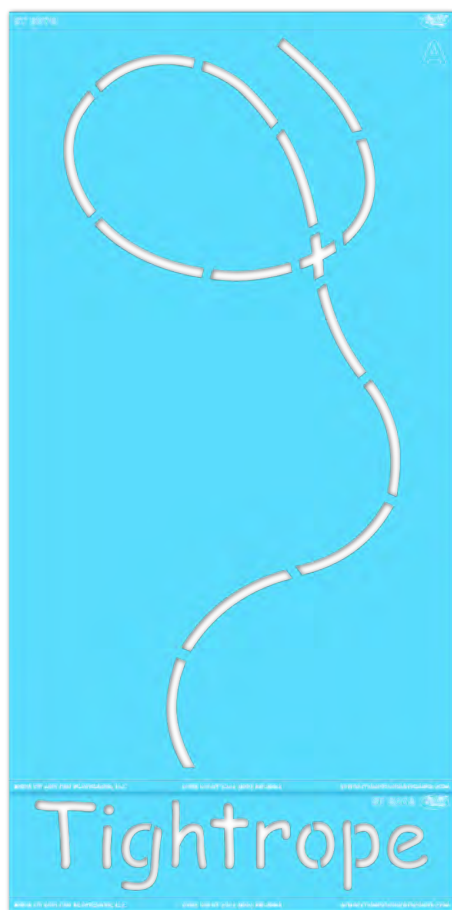
PAINTERS & TIME

1-2 painters for 1-2 hrs



© 2018 Fit and Fun Playscapes, LLC

INCLUDED IN THE BOX: 2 Stencil Sheets (3 pieces)



BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout **STENCIL A** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint **STENCIL A**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove **STENCIL A**. Fill in the gaps so your **STENCIL** is complete.



STEP 3:

Align **STENCIL B** to the painted pavement, using the etch mark. Paint **STENCIL B**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove **STENCIL B**. Fill in the gaps so your **STENCIL** is complete. **Allow the paint to dry for a minimum of 24 hours before use.**

CONGRATULATIONS!!!

YOU FINISHED PAINTING TIGHTROPE LOOP

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Tightrope Loop should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

THIS INFORMATION IS COPYRIGHT MATERIAL. ALL RIGHTS ARE RESERVED. © 2022 FIT AND FUN PLAYSCAPES, LLC.



ST 5079

SPRINT

APPLICATION INSTRUCTIONS

SIZE

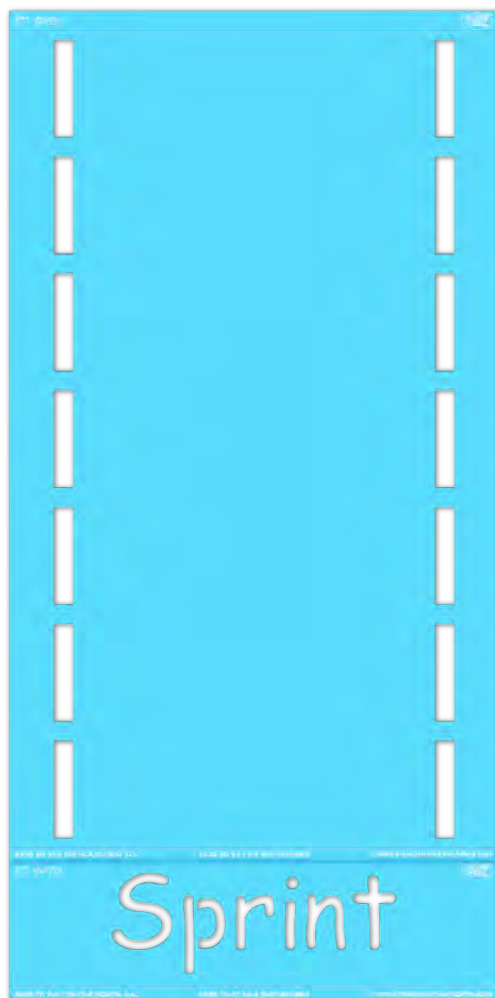
approx. 3 feet 2 inches wide,
length varies

PAINTERS & TIME

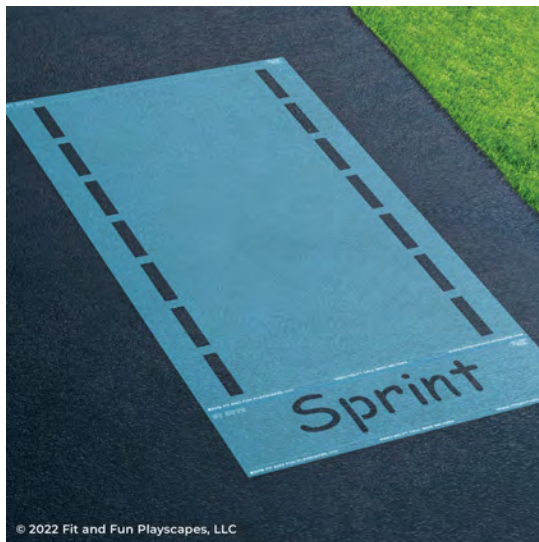
1-2 painters for less than 1 hr



INCLUDED IN THE BOX: 1 Stencil Sheet (2 pieces)



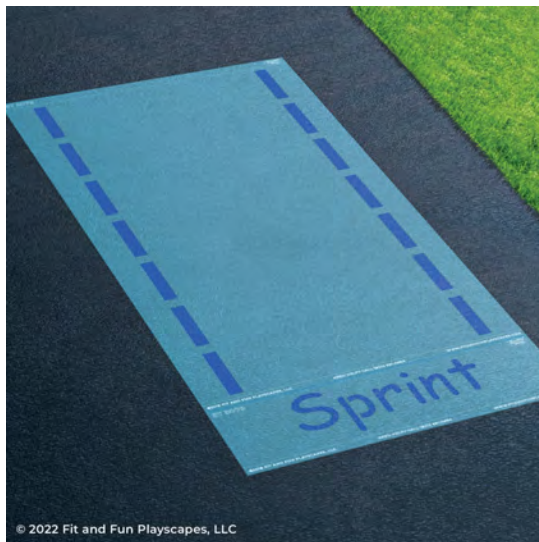
BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout your **STENCIL** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint your **STENCIL**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete.

Allow the paint to dry for a minimum of 24 hours before use.



TO MAKE LONGER:

First, ensure that your **STENCIL** and pavement are completely dry. Separate the word along the perforation. Align your **STENCIL** with the painted pavement and paint. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete. Continue as long as you'd like.

Allow the paint to dry for a minimum of 24 hours before use.

CONGRATULATIONS!!!

YOU FINISHED PAINTING SPRINT

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Sprint should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

THIS INFORMATION IS COPYRIGHT MATERIAL. ALL RIGHTS ARE RESERVED. © 2022 FIT AND FUN PLAYSCAPES, LLC.



ST 5077

TIPTOE

APPLICATION INSTRUCTIONS

SIZE

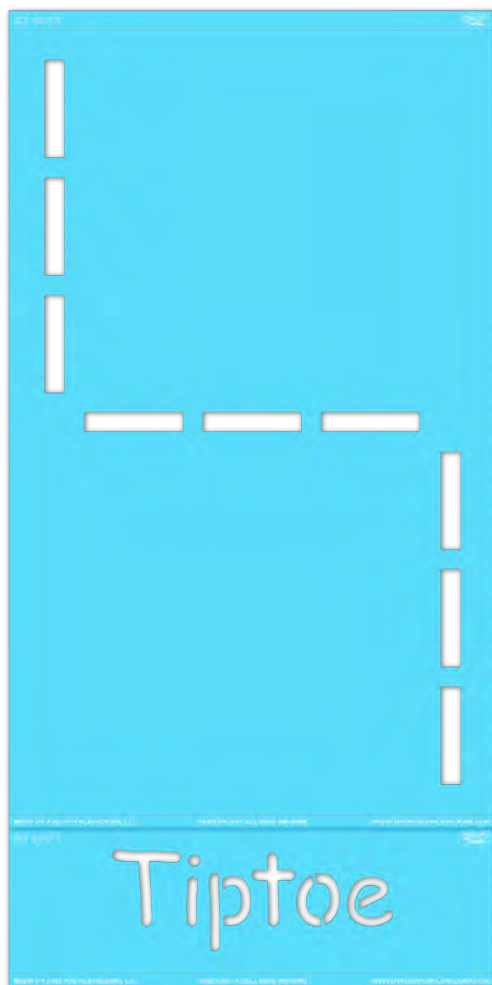
approx. 3 feet 3 inches wide,
length varies

PAINTERS & TIME

1-2 painters for less than 1 hr



INCLUDED IN THE BOX: 1 Stencil Sheet (2 pieces)



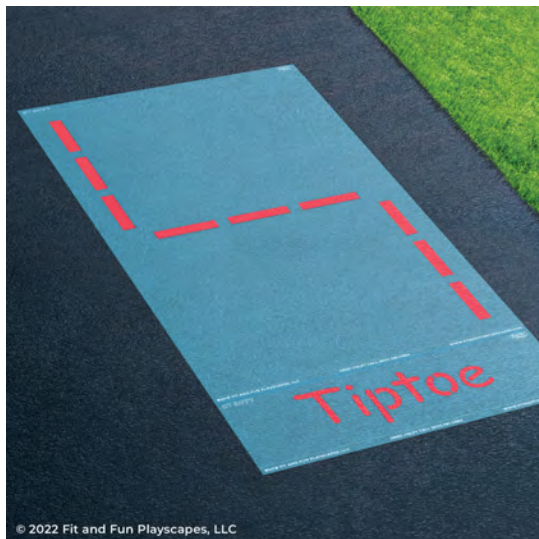
BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout your **STENCIL** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint your **STENCIL**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete.

Allow the paint to dry for a minimum of 24 hours before use.



TO MAKE LONGER:

First, ensure that your **STENCIL** and pavement are completely dry. Separate the word along the perforation. Flip and align your **STENCIL** with the painted pavement and paint. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete. Continue as long as you'd like.

Allow the paint to dry for a minimum of 24 hours before use.

CONGRATULATIONS!!!

**YOU FINISHED PAINTING TIPTOE
YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!**

Your finished Tiptoe should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

THIS INFORMATION IS COPYRIGHT MATERIAL. ALL RIGHTS ARE RESERVED. © 2022 FIT AND FUN PLAYSCAPES, LLC.



ST 5069

SQUATS

APPLICATION INSTRUCTIONS

SIZE

approx. 3 feet 4 inches wide x
4 feet 8 inches long

PAINTERS & TIME

1-2 painters for less than 1 hr



INCLUDED IN THE BOX: 1 Stencil Sheet (2 pieces)



BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout your **STENCIL** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint your **STENCIL**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete.

Allow the paint to dry for a minimum of 24 hours before use.

CONGRATULATIONS!!!

YOU FINISHED PAINTING SQUATS

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Squats should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

THIS INFORMATION IS COPYRIGHT MATERIAL. ALL RIGHTS ARE RESERVED. © 2022 FIT AND FUN PLAYSCAPES, LLC.



ST 5071

JUMPING JACKS

APPLICATION INSTRUCTIONS

SIZE

approx. 3 feet 4 inches wide x
5 feet 4 inches long

PAINTERS & TIME

1-2 painters for less than 1 hr



INCLUDED IN THE BOX: 1 Stencil Sheet (2 pieces)



BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout your **STENCIL** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint your **STENCIL**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete.

Allow the paint to dry for a minimum of 24 hours before use.

CONGRATULATIONS!!!

YOU FINISHED PAINTING JUMPING JACKS

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Jumping Jacks should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**



ST 5070

LUNGES

APPLICATION INSTRUCTIONS

SIZE

approx. 3 feet 4 inches wide x
4 feet 8 inches long

PAINTERS & TIME

1-2 painters for less than 1 hr



INCLUDED IN THE BOX: 1 Stencil Sheet (2 pieces)



BEFORE YOU START PAINTING: Please completely read the General Instructions & prepare your surfaces as recommended.



STEP 1:

Layout your **STENCIL** in your desired location.

Separate the word along the perforation if you'd like. (For example, you can put the word above, or to the left/right of the illustration.)



STEP 2:

Paint your **STENCIL**. Repeat 1-2 more times to achieve desired vividness, drying after each application. Then remove your **STENCIL**. Fill in the gaps so your **STENCIL** is complete.

Allow the paint to dry for a minimum of 24 hours before use.

CONGRATULATIONS!!!

YOU FINISHED PAINTING LUNGES

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Lunges should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

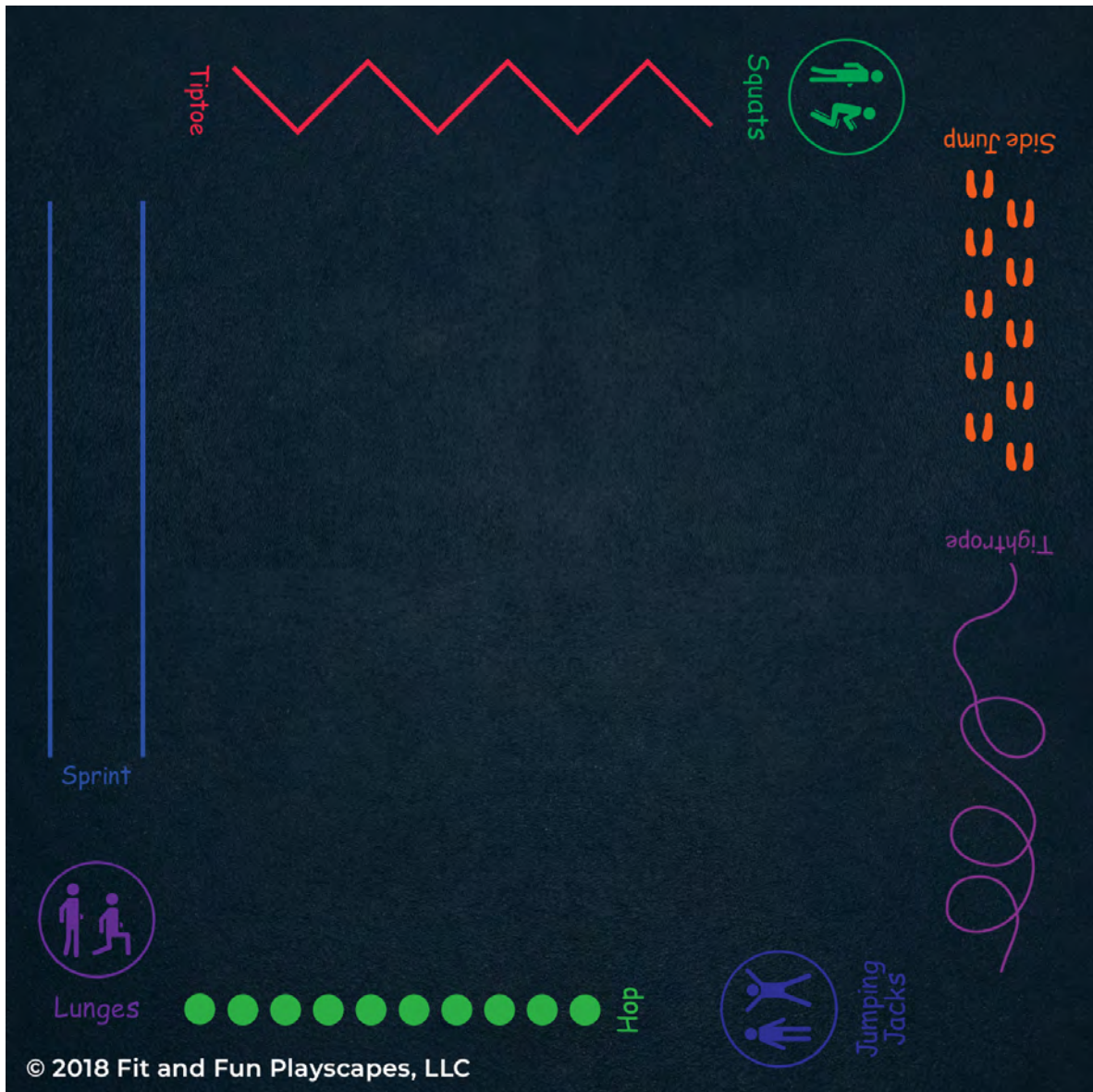
VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

CONGRATULATIONS!!!

YOU FINISHED PAINTING THE FITNESS ACTIVITY CIRCUIT™ STARTER PACKAGE

YOU DID IT! GIVE YOURSELVES A PAT ON THE BACK!

Your finished Fitness Activity Circuit™ Starter Package should look like the image below.



Have any questions? We're here to help – call us at (800) 681-0684!

VISIT OUR WEBSITE AT **WWW.FITANDFUNPLAYSCAPES.COM**

THIS INFORMATION IS COPYRIGHT MATERIAL. ALL RIGHTS ARE RESERVED. © 2022 FIT AND FUN PLAYSCAPES, LLC.