

AROUND THE USA INSTRUCTIONS



SCAN HERE to access
directions on your phone

PURPOSE

Around the USA is a dynamic activity designed to not only challenge your mental cognition, but also enhance your visual scanning skills, depth perception, and eye-hand coordination. Dive into the essence of the “American Spirit” as you delve into each region and state, uncovering the unique characteristics and cultural nuances that make this country truly remarkable. Engage in this immersive experience that fosters teamwork and camaraderie, making it the ultimate collaborative endeavor among all the mats.

TO START

- 1 The Mover takes a position near the edge of the mat, then asked a trivia question. If answered correctly, they are awarded 10 points and can toss the beanbag towards a desired region on the map. They now have the opportunity to name a state, a fact about the state / region, or share a personal experience if they have ever traveled there for another 10 points.
- 2 If the Mover incorrectly guesses the answer to the question, then they do not move forward, are not awarded any points and then becomes the Quizzer.

BONUS CHALLENGES

- Attempt retrieving the beanbag using an alternate method such as: hopping, side stepping, backwards travel, etc.
- Attempt to answer 2 to 3 trivia questions before being allowed to “step / travel” forward.
- Attempt tossing the beanbag from a further distance or with the opposite hand.

For more information on what’s included, set-up and safety, rules, scorecards, triva bonus challenge, and movement bonus challenge, please contact us at (800) 681-0684 or email us at info@fitandfunllc.com.

SAFETY SUPPORT

If requested the Mover can ask that another team member hold their hand, push their wheelchair, or assist in any manner needed. If available, use a wall to lean on as needed and gradually move away from it as the Mover becomes stronger.

- ! Prior to the start of any movement or play, all participants should take a few moments to make sure that he/she is wearing loose fitting clothing, and if applicable is wearing athletic footwear. All participants should check to ensure that he/she is physically cleared to participate. Any person who is not “cleared” to participate for whatever reason should refrain from the “movement” elements of the game play, but can participate as a Quizzer or overall judge. Safety supports should and can include any physical, visual, or verbal support a participant may request or require from another person or item. Safe play makes great play!